



Prayer for the People of Ukraine

In the Archbishop's letter to all schools, he has asked that we share a prayer with our communities. When you have a moment, please take the time to say the prayer which has been attached to this newsletter.

He reminded us that we needed to be conscious of the teaching of Saint Paul "to pray without ceasing" (1Thess 5:17) and of the words of Jesus himself instructing us to "ask and it shall be given to you, seek and you shall find, knock and the door shall be open to you" (Matt 7:7). I am writing now to ask you to continue to encourage your people to pray for peace in Ukraine, and for all those in that country, and beyond, who in so many different ways are enduring great suffering at this time.

From the Principal

Dear Parents and Carers

I do hope that everyone enjoyed the long weekend and time with family was restful. I know that I managed to have some downtime and stay away from all social media to have a break from the relentless news and updates that we are bombarded with.

As a Catholic community, we have been asked to join together to pray for the people of Ukraine. Please keep Ukraine and the people of Ukraine in your prayers on a daily basis. Pray for ceasefire and a return to reason and negotiation and ultimately peace. Please also keep in your prayers, all those who have been killed, wounded or forced to flee their country.

ASH WEDNESDAY

Last week Father John went into each class and spread ashes on the children to mark the commencement of Lent. While a little different to last year it was great that Father was able to visit each class, pray with the children and to reinforce the Lenten message.

Project Compassion boxes were given out by the Spiritual Ministry and I have met with them and they are planning an Easter Egg raffle to raise money for Caritas. The ministry was very keen to be involved with this and I applaud them for their efforts.

This year the theme is For All Future Generations and money raised will go to support those in need. The website <https://www.caritas.org.au/project-compassion/> contains stories of children and adults who have experienced all sorts of issues. Each story shares the journey of the individual and how Caritas has made a difference in their lives.

SWIMMING CARNIVAL

A decision has been made to postpone the Faction Swimming Carnival. With the uncertainty of who can participate and spectators are limited, I have decided that it would be better to postpone the carnival until Term 4. Once the date is finalised I will let you know.

We will not be participating in the Interschool Swimming Carnival on 1 April. Schools have withdrawn from the carnival and it is not certain if it will proceed.

COVID 19

Principals have been advised that due to the current high COVID-19 caseload, they have been delegated the authority to act as 'agents of the health department'. Therefore, in the event of a COVID-19 positive student or staff member, it is my responsibility to identify close contacts and notify them of their isolation dates.

Hence, in the event of a positive COVID-19 case within our community, any information I provide to parents of close contacts should be treated as a directive from the Department of Health.

It is my understanding that due to the current high caseload, close contacts in our community are unlikely to be contacted directly by the Department of Health to confirm isolation periods as they expect you to follow the instructions that they have asked me to provide.

If any students test positive at Sacred Heart, including while they are in isolation, it is very important that you let me know as soon as possible so that I can accurately report to CEWA and WA Health and determine close contacts and isolation dates.

In order to try and make contact a little easier for parents and caregivers I have set up a new number that can be used by families to SMS the school if they have been notified that they are positive to COVID 19 or that they are clear to return to school.

The number is **0480 279 976**. **PLEASE NOTE THIS IS AN SMS SERVICE ONLY**, NO CALLS CAN BE MADE OR RECEIVED ON THIS NUMBER.

Please include your **FULL NAME**, your **CHILD'S FULL NAME** and their **YEAR LEVEL** so that it is quicker for us to identify and deal with.

There has been some confusion regarding siblings and other family members of close contacts isolating within the home. WA Health states that if a child needs care throughout their isolation period, one parent or caregiver must isolate with them. Other people in the same household as a close contact do not need to quarantine and siblings can attend school. However, they must take extra precautions to avoid interaction, including using separate bathrooms and toilets. If it is not possible to avoid interaction with the case or close contact, everyone in the household must quarantine and therefore siblings cannot attend school.

These are the current stipulations made by the Chief Health Officer which, by law, we must all abide by so that we do not put the classmates of siblings at risk.

We understand the inconvenience as this affects our staff as well when our staff are deemed close contacts or when their own children are identified as close contacts at their respective schools. However, we are all in this together and need to abide by the rules for the common good. Thank you for your support with this and if you have any queries please don't hesitate to contact the school.

IMPORTANT

PUPIL FREE DAY – CHANGE OF DATE

I have managed to secure First Aid training for all staff on **Friday 3 June 2022** and will now be a **Pupil Free Day**. Please make a note of the date. This will be in place of the final day of Term 2, Friday 1 July 2022.

CODE OF CONDUCT

As a Catholic school, we are required to have a Code of Conduct as part of the CEWA System Agreement with the Minister for Education.

I am sure that you will be aware of this code from previous years, but I thought it was a good idea that we revisit the Code and refresh our minds.

Catholic Education WA developed a Code of Conduct that was implemented in all Catholic schools on 1 January 2017. This code formulates staff employment and professional conditions as well as the enrolment policy of families new to the school, and also applies to all existing families, staff, volunteers and visitors.

Over the next few newsletters, we will re-address the 12 statements in our Code of Conduct that describe minimum standards of conduct in all behaviour and decision making to ensure the safety and well-being of our students.

CODE OF CONDUCT STATEMENTS

1. YOU ACT SAFELY AND COMPETENTLY.

Putting the safety of all students ahead of every other relevant but secondary consideration, performing our roles professionally, students and parents receiving accurate information, informing the Principal of any relevant information in regards to maintaining student safety and well-being (this can be in regards to people's behaviour, maintenance issues...), referring students to appropriate experts if a student requires skills and experience outside our core competencies.

2. YOU GIVE PRIORITY TO STUDENTS' SAFETY AND WELL-BEING IN ALL YOUR BEHAVIOUR AND DECISION MAKING.

All decisions and actions taken need to ensure the safety and well-being of the students as the primary focus, we all respectfully communicate in plain language and in a way that all understand, ensure that the student has a voice, we recognise the importance of the students education – being to class on time, limit family vacations throughout the school term, parents are not to take action for their children by means of solving issues by approaching other students or other parents – a need to follow due process is required.

3. YOU ACT IN ACCORDANCE WITH THE VALUES OF THE GOSPEL AS DEFINED IN THE CODE OF ETHICAL CONDUCT.

All stakeholders keep the Gospel values at the forefront of all decision making, that we all strive to live out our relationships with all stakeholders in the school in a manner that is based on gospel values, respect and dignity for each person, commitment to building and fostering welcoming and positive relationships, confidentiality – we don't speak about others, being held accountable for our actions.

God bless

George Firns

Birthday Celebrations



The following students celebrated their birthdays over the last two weeks.

Stevie Squire
Kiara Prior
Kaya Biddle
Mariah Gauci
Joseph Leishman

A Message from Our School Social Worker

I would like to introduce myself to those of you who do not yet know me and to remind those who do, that I am here every Tuesday as the School Social Worker.

I am here to support every student to feel connected, safe, secure and as happy as possible in their learning journey at school. This is always in partnership and in collaboration with our staff and parents/caregivers.

This term I will be working with teachers and staff in implementing our Keeping Safe Child Protection Curriculum (KSCPC). Our focus area for this Term is The Right to be Safe and includes all students from Kindy to Year 6. We will be supporting students to think about who their safe adults might be - Their Network People with whom they can turn to if

they feel unsafe or need help, with regard to day to day matters and in emergencies. We talk about a job description for the role of Network Person, to be an adult with whom a student feels will listen to them, will believe them, is nearby, and offers help and support.

We want our students to have confidence to ask for help and have a healthy persistence in seeking out support and so alongside our KSCPC, we have our URSTRONG Curriculum. I am also able to support staff in the delivery of URSTRONG in the Classroom (Kindy to Year 6).

We are proud to be an URSTRONG SCHOOL and seek to create a culture of kindness at Sacred Heart. It is about having a Whole School Friendship Strategy that empowers students with friendship skills and to create a common language of friendship for us all.

Please take advantage of a Free Parent Membership <https://urstrong.com/parents/>

[For Parents - URSTRONG](#)

URSTRONG Family Membership. To help parents manage the home-schooling requirement of the global pandemic URSTRONG made its membership free for life! Watch our 8-session Language of Friendship video series with your child to learn lingo and strategies to foster healthy friendships. www.urstrong.com

Watch this space for more ideas, resources and ways of maintaining and strengthening parent/caregiver and child relationships. When a child feels we can support their exploration in life and learning and welcome them back as a safe haven when they need us to, we create connection, safety and security for them, particularly necessary at this time.

I look forward to being of service to you all.

Words of Wellness

As I think about how I can be of support to students, staff and parents/caregivers, the lyrics of "Let it Be" and the sound of John Lennon's voice comes to mind.

*"When I find myself in times of trouble, Mother Mary comes to me
Speaking words of wisdom, let it be
And in my hour of darkness she is standing right in front of me
Speaking words of wisdom, let it be . . .*

And the way to put those words into action as a parent/caregiver supporting your child might be to take the time to "be with" your child, in sight, by the side of them, letting them be how they need to be, creating a safe space to do so. We may sit together without words spoken at first.

It can be helpful to consider all forms of behaviour, including that which is challenging and unsafe as a way of conveying a need without the ability to express it in words. In which case we may translate and have their behaviour mean "Can you help me organise my feelings because I cannot explain in words and sentences what is going on for me?" "Can you be with me and help me work through what is going on and keep me safe?"

It is often the simplicity of offering time to attentively listen and acknowledge this is a hard time for them in a calm, constant and clear way that allows us to move to the next stage of working out "how" to help. This process in itself allows us as the adult to calm and settle ourselves in readiness to be the bigger, stronger, wise and kind parent/caregiver.

Here is a link you may find useful, under the Parenting Section of Circle of Security Website which explains about "Being With" in more detail. <https://www.circleofsecurityinternational.com/2016/04/15/the-balance-of-being-with/>



[The Balance of Being-With - Circle of Security International](#)

Being-With is, in many ways, at the heartbeat of our Circle of Security approach. It's such a simple concept: the need every child has for caregivers (parents, teachers, etc.) to recognize and honor feelings by staying with core feelings rather than denying their importance. At the center of this B

www.circleofsecurityinternational.com

Hilary Campos
School Social Worker

Uniform Shop

Uniform orders can be placed through www.quickcliq.com.au.

If you have not yet registered, please visit the above link to set up your login details. To order uniforms simply login, click on the Uniform tab, choose your student and start ordering! Orders placed online will be filled and sent home on a Thursday with your child. If you would prefer to collect your order from the office, please let us know.

The Uniform Shop is open Thursday mornings from 8.45am to 9.30am.

If you have any problems or queries, please feel free to email or phone the school office. Happy ordering!

Parish News



Mass Times:

Saturday 8:30am & 6:00pm (*Vigil*) | **Sunday** 7.30am (*Chidlow*) 9:30am (*Mundaring*)

Tuesday 8.30am | **Wednesday** 9.00am | **Friday** 8.30am

Parish Priest: Fr John Daly

Telephone: 9295 1059

Email: sacredheartmundaring@westnet.com.au

Pastoral Care Co-ordinator: Deacon Paul Reid 0455 818 718

Sacred Heart Care Co-ordinator: Please contact Father.

Sacrament Dates

Wednesday 18 May – 6:00pm	Confirmation (Year 6) Parent/Child Workshop in the School Library
Saturday 21 May – 6:00pm	Confirmation Commitment Mass
Sunday 22 May – 9:30am	Confirmation Commitment Mass
Saturday 11 June – 6:00pm	Sacrament of Confirmation Mass
Wednesday 27 July – 6:00pm	Communion (Year 4) Parent/Child Workshop in the School Library
Saturday 30 July – 6:00pm	Communion Commitment Mass
Sunday 31 July – 9:30am	Communion Commitment Mass
Sunday 14 August – 9:30am	Sacrament of First Communion Mass
Wednesday 19 October – 6:00pm	Reconciliation (Year 3) Parent/Child Workshop in the School Library
Saturday 22 October – 6:00pm	Reconciliation Commitment Mass
Sunday 23 October – 9:30am	Reconciliation Commitment Mass
Tuesday 22 November – 5:00pm	Sacrament of Reconciliation

Community News



Winter Basketball

The winter basketball season will begin on 26 April 2022. The registration link will be sent out to all current players this week. We would love to have new players join, if you are interested and want to know more please email Clare and Tab at sacredheartsportsgroup@gmail.com

Sacred Heart Netball

The 2022 Netball season is upon us and we can't wait to get started!

All the fun on the courts during winter, laughs with your friends at half – time, and post-match hangs with your mates. We are ready to make the 2022 season great, but we need you on the team!

Registrations are open for the 2022 Netball Season.

Please visit <https://www.playhq.com/netball-australia/register/3b894f> to register.

Registration including uniform size selection and payment is to be completed online www.playhq.com or using the link above.

For further details please read the Welcome to Netball 2022 flyer.



We look forward to seeing on the courts!

Sacred Heart Sporting Group



Registrations are open to all pre-primary, Year 1 and Year 2 for the 2022 NET programme.

Come and have some fun developing ball skills and learning the game of netball.

Registrations close 11 March 2022

When: Tuesdays 3.30pm to 4.15pm, for Term 2

Where: Sacred Heart School Courts

Cost: \$93.86

Please follow the link to register

<https://www.playhq.com/netball-australia/register/3b894f>

Any questions regarding NET Programme please contact Laurie

ljeverson@iinet.net.au

If you would like any further information please contact Jodie and Wendy

sacredheartsportsgroup@gmail.com.



COME JOIN US!

THIS YEAR WILL BE LIKE NO OTHER!

WE HAVE NEW UNIFORMS, NEW SPONSORS AND A LOT MORE COMING YOUR WAY.

AUSKICK IS HELD AT 5PM ON A WEDNESDAY NIGHT

STARTING 20TH APRIL

REGISTRATIONS: <https://bit.ly/3nNjeWr>

JUNIOR FOOTBALL TRAINING AT 5PM ON A WEDNESDAY NIGHT WITH GAMES ON A SUNDAY.

TRAINING STARTS 20TH APRIL

SEASON STARTS 1ST MAY

REGISTRATIONS: <https://bit.ly/3fRK111>

All Junior players will receive a free merchandise with the new branding (kit bag & game shorts)

BONUS TAKE THE STRESS OUT OF MAKING DINNER ON A WEDNESDAY NIGHT WITH OUR SPECIAL DINNER MENU

FIND US ON

