Sacred Heart Care is the Pastoral Care Program of the Sacred Heart, Mundaring and Our Lady of Good Counsel, Chidlow Parishes.

The program is operated by Parishioners who volunteer their time to help others in short term need.

Volunteer Tasks
The following tasks are the type of help we can offer and require volunteers for:

VISITING
Sick, lonely or person with a disability
Relief for a carer

TRANSPORT
Mass
Shopping
Medical Appointments
Other

HOME HELP
Washing
Ironing
Cleaning

COOKING
Emergency meals

HANDYMAN
Gardening
Handyman jobs
Lawn mowing

OTHER SKILLS/TRADES YOU CAN OFFER
Can you volunteer your trade skills? e.g. hairdressing, lawn mowing, carpentry, plumbing, electrical, computing etc.

Role of the Volunteer
• To be a friend
• To provide companionship
• To encourage independence and self-esteem
• To be sensitive to the other person’s needs
• To encourage an interest in the local community
• To provide information about services in the community
• To respect confidentiality

How to get Assistance
Do you require assistance or do you know someone who does?

Please contact Vanessa on 0408 918 914 or complete the form below and hand it in to either the School or Parish Office. You can also visit the Parish Website - http://sacredheartmundaring.com.au/give-serve/outreach/sacred-heart-care to contact Vanessa.

Type of Assistance Required

__________________________________________________________________________

__________________________________________________________________________

Name

Address

Phone

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________
Take the case, my brothers, of someone who has never done a single good act but claims that he has faith. Will that faith save him? If one of the brothers or one of the sisters is in need of clothes and has not enough food to live on, and one of you says to them, “I wish you well; keep yourself warm and eat plenty”, without giving them these bare necessities of life, then what good is that? Faith is like that: if good works do not go with it, it is quite dead.

\[\text{James 2:14-17}\]

Sacred Heart Care is proud to be associated with Catholic Outreach, an Archdiocesan agency, which assists parishes develop and maintain Pastoral Care Programs that enable volunteers to provide practical, emergency short term support for people in need in their local community.

Sacred Heart, Mundaring and Our Lady of Good Counsel, Chidlow Parishes

Co-Ordinator
Vanessa Scott – 0408 918 914

Catholic Outreach
Care Concern Service
... helping you help others