
Sacred Heart Care is the Pastoral Care Program of the Sacred Heart, Mundaring and Our Lady of Good Counsel, Chidlow Parishes.

The program is operated by Parishioners who volunteer their time to help others in **short term** need.

Volunteer Tasks

The following tasks are the type of help we can offer and require volunteers for:

VISITING

Sick, lonely or person with a disability
Relief for a carer

TRANSPORT

Mass
Shopping
Medical Appointments
Other

HOME HELP

Washing
Ironing
Cleaning

COOKING

Emergency meals

HANDYMAN

Gardening
Handyman jobs
Lawn mowing

OTHER SKILLS/TRADES YOU CAN OFFER

Can you volunteer your trade skills?
e.g. hairdressing, lawn mowing, carpentry, plumbing, electrical, computing etc.

Role of the Volunteer

- To be a friend
- To provide companionship
- To encourage independence and self-esteem
- To be sensitive to the other person's needs
- To encourage an interest in the local community
- To provide information about services in the community
- To respect confidentiality

How to get Assistance

Do you require assistance or do you know someone who does?

Please contact Vanessa on 0408 918 914 or complete the form below and hand it in to either the School or Parish Office. You can also visit the Parish Website - <http://sacredheartmundaring.com.au/give-serve/outreach/sacred-heart-care> to contact Vanessa.

Type of Assistance Required

Name _____

Address _____

Phone _____

Sacred Heart Care Commitment Sheet

If you would like to join Sacred Heart Care as a volunteer, please complete the form below and return it to Vanessa or leave it at the School or Parish Office.

Name _____

Address _____

Phone _____

Email _____

Please tick what help you can offer:

Visting	<input type="checkbox"/>	Cooking	<input type="checkbox"/>
Transport	<input type="checkbox"/>	Handyman	<input type="checkbox"/>
Home Help	<input type="checkbox"/>	Other Trades	<input type="checkbox"/>

We will contact you to get more details on the sort of help you can offer and the times you will be available to help.

Thank you for offering to be a volunteer.

Take the case, my brothers, of someone who has never done a single good act but claims that he has faith. Will that faith save him? If one of the brothers or one of the sisters is in need of clothes and has not enough food to live on, and one of you says to them, "I wish you well; keep yourself warm and eat plenty", without giving them these bare necessities of life, then what good is that? Faith is like that: If good works do not go with it, it is quite dead.

James 2:14-17



Catholic Outreach
Care Concern Service
... helping you help others

Sacred Heart Care is proud to be associated with Catholic Outreach, an Archdiocesan agency, which assists parishes develop and maintain Pastoral Care Programs that enable volunteers to provide practical, emergency short term support for people in need in their local community.

www.catholicoutreach.org.au

SACRED HEART CARE

"Faith through action connecting and building community"



Sacred Heart, Mundaring and
Our Lady of Good Counsel, Chidlow
Parishes



Co-Ordinator

Vanessa Scott – 0408 918 914
