“Nourishing our Kids”

- Clear the confusion about what your kids actually need to be healthy.
- Find out what nutrients kids need and how much they need each day.
- Learn simple and easy ways to nourish your kids.

Presented by: Natalie McGrath
Naturopath BHSc, BSc, ND

Cost: Free
When: Monday 13th June 9.30-11am
Tea and Coffee served at 9am
Where: Sacred Heart Primary School
200 Coolgardie St, Mundaring, WA
To Book: Call 08 9295 1562
Please book early as there is limited seating.