



# Circle of Security® PARENTING SERIES

An Introduction to the Circle of Security Parenting Series Workshops to be run in Term 3. Come along and find out more.

Presented by: Hilary Campos School Social Worker

Location: Sacred Heart School Library

Date: Wednesday, 7<sup>th</sup> June 2017

Time: 1pm – 3pm

Cost: None

Who should attend: Parents/Caregivers/Family Members

How to Register: Please complete and return slip below to school. Alternatively email your interest to: [admin@sacredheartps.wa.edu.au](mailto:admin@sacredheartps.wa.edu.au) or phone the school office on 9295 1562.

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

### Learning Objectives of the Training:

- Understand your child’s emotional world by learning to read the emotional needs
- Support your child’s ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

### Return Slip

I .....will be attending the Introductory Workshop on Wednesday, 7<sup>th</sup> June from 1 – 3pm.

I.....am unable to attend the Introductory Workshop at this time but I am interested in attending if an evening session will be offered in the future.